

## **Sports Medicine 2**

Students learn advanced methods in Sports Medicine 2, building on the knowledge gained in Sports Medicine 1. Definitive care, in-depth assessments and prevention techniques will be covered. The advanced techniques of rehabilitation, including exercise modalities, therapeutic exercise, nutrition, and exercise physiology will be covered. Advanced principles of taping, stretching, and preventative care will also be discussed.

**Prerequisite: Sports Medicine 1**

Course ID# = SPMDCT2-GN-Y

**(This course meets the required Career Cluster, Workplace Readiness, or Language other than English Graduation Credit Requirement)**